1. **\* Download Name**: Cognitive skill  
   \* **Download Type**: Document  
   \* **Source Type**: Skills  
   \* **Download Source**: <https://en.wikipedia.org/wiki/Cognitive_skill>  
   \* **Download Server / Mirror**: en.wikipedia.org   
   \* **Download Method**: <https://www.sejda.com/html-to-pdf> -> convert html to pdf  
   \* **Download Format**: .pdf  
   \* **Download Quality**: High  
   \* **Download Date**: 7/18/2025  
   \* **Saved Location**: toonskillsking\Skills\2-Cognitive skills\1-Theoretical\0-Intro to Cognitive skills\3-Wiki source  
   \* **Notes:** Wiki Source - [This page was last edited on 15 July 2025, at 07:06 (UTC)]
2. **\* Download Name**: What Are Cognitive Skill  
   \* **Download Type**: Video  
   \* **Source Type**: Skills  
   \* **Download Source**: <https://www.youtube.com/watch?v=uMmGmRjNKPA>  
   \* **Download Server / Mirror**: youtube.com  
   \* **Download Method**: IDM  
   \* **Download Format**: .mp4  
   \* **Download Quality**: 720p (1280×720) Medium (HD Ready)  
   \* **Download Date**: 7/19/2025  
   \* **Saved Location**: toonskillsking\Skills\2-Cognitive skills\1-Theoretical\0-Intro to Cognitive skills\4-Multi sources  
   \* **Notes:** Multi sources
3. **\* Download Name**: Cognitive Skills  
   \* **Download Type**: Video  
   \* **Source Type**: Skills  
   \* **Download Source**: <https://www.youtube.com/watch?v=YP6VMFIGBxw>  
   \* **Download Server / Mirror**: youtube.com  
   \* **Download Method**: IDM  
   \* **Download Format**: .mp4  
   \* **Download Quality**: 480p (854×480) Low (SD)  
   \* **Download Date**: 7/19/2025  
   \* **Saved Location**: toonskillsking\Skills\2-Cognitive skills\1-Theoretical\0-Intro to Cognitive skills\4-Multi sources  
   \* **Notes:** Multi sources
4. **\* Download Name**: What Are Cognitive Skills 2  
   \* **Download Type**: Document  
   \* **Source Type**: Skills  
   \* **Download Source**: <https://mastermindtraining.com/blog/cognitive-skills>  
   \* **Download Server / Mirror**: mastermindtraining.com  
   \* **Download Method**: <https://www.sejda.com/html-to-pdf> -> convert html to pdf  
   \* **Download Format**: .mp4  
   \* **Download Quality**: High  
   \* **Download Date**: 7/19/2025  
   \* **Saved Location**: toonskillsking\Skills\2-Cognitive skills\1-Theoretical\0-Intro to Cognitive skills\4-Multi sources  
   \* **Notes:** Multi sources